

WASHINGTON PROFESSIONALS FOR THE STUDY OF PSYCHOANALYSIS

□ AN OFFICIAL CHAPTER OF THE DIVISION OF PSYCHOANALYSIS (39) OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION □

Fall 2007

President's Update

Welcome to the start of a new academic year for WSPSP.

You have elected new officers to the WSPSP Board: President-elect, Laurel Nelson, and Treasurer, Joyce Raum. Carolyn Cole will serve on the Board as Seminar Group Coordinator. Joyce and Carolyn have been busy over the summer preparing for the membership drive and awarding CEU's for your participation in last year's seminars.

Seminars are at the heart of WSPSP. See the information about this year's offerings and, if you are not already a member, please consider joining an ongoing group or starting a new group. I want to personally thank the Seminar leaders who continue to sustain the organization for their leadership and love of learning.

Please fill out the enclosed membership renewal form and send it with your \$25/\$20 dues to our Treasurer, Joyce Raum. Definitely try to respond before you toss the newsletter! Joyce's mailing address is on the form. Thank you. The Board plans to distribute an updated membership directory by the end of the year.

The revised by-laws which you approved in 2007 have been accepted by Division 39 (Psychoanalysis) of the American Psychological Association. According to our by-laws, Board meetings are open to the membership. The next Board meeting will be held on September 19th, a Wednesday evening, from 7:30 to 9:00 pm in Silver Spring, MD. If you are interested in coming, please call me at (301) 593-1429. The Board would welcome you warmly.

If you are interested in Buddhism and Psychoanalysis, you can help plan an event featuring a Bhutanese psychiatrist who is living and working to blend western psychiatry and traditional Buddhist thought and culture in Bhutan. He is a visiting Fulbright scholar this year in Baltimore. WSPSP will help sponsor the event. See the newsletter for details.

WSPSP has been collaborating with four like-minded organizations to revive a region-wide website and listserv to publicize psychoanalytically oriented events and training opportunities. The other four organizations are WSPP, the Baltimore chapter of Division 39, the Baltimore-Washington Center for Psychoanalysis in Laurel,

2007-2008 EXECUTIVE BOARD

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and the Washington Center for Psychoanalysis. If you are on e-mail, you will receive a notice about the start up of the listserv. You may opt in and, if later you do not find it useful, you may opt out. An announcement about the website, which will also host the region-wide calendar of events, will be sent in September. The New York Freudian Society and other organizations have expressed interest in joining this informal collaborative. Initial planning is underway for a jointly sponsored conference focused on clinical practice.

Sally Brandel, Ph.D.
President

WSPSP Finances

This is just to introduce myself to you. I am Joyce Raum, MSW, and will serve this year as your new Treasurer. WSPSP appears to be in good financial shape with approximately \$1,000.00 in our checking account and slightly under \$10,000.00 in 2 certificates of deposit. Membership applications enclosed in the newsletter are for calendar year 2008. Please renew your membership now, but no later than the end of 2007.

If you have questions or comments you are welcome to call me at (301) 657-1660, my home phone, or to e-mail me at raumjoyce@aol.com.

Clinical Material

Clinical material presented at meetings must be kept confidential. It is understood that anyone who has a conflict of interest/personal knowledge regarding clinical material about persons or situations presented at any meeting will remove himself or herself from that meeting.

Seminars and CEUs

One advantage of membership in WSPSP is the opportunity to join current and/or create seminar groups that grant Continuing Education credits for social workers and psychologists. The cost of these credits is included in your WSPSP membership fee. The groups are a stimulating and fun way to enhance knowledge and skills while connecting with colleagues. The following is a list of current Seminar Groups:

Through a Psychoanalytic Lens

For over a decade this seminar has been examining cinematic portrayal of life from both sides of the analytic chair/couch. We view films recommended by group members and engage in lively discussion of themes, characterization, director's purpose and more. A \$5.00 contribution is suggested to offset movie rental and refreshment costs.

Seminar Leader: Maurine Kelly, Ph.D
301-649-1896

Day/Time /Location: Once a month on Sunday
2-5pm; Silver Spring

The Integration of Hypnosis and Energy Psychology into Psychoanalytic Psychotherapy

Light reading (articles, chapters) on hypnosis; energy work (including Reiki, Healing Touch, Bio-Energy, BSF Tapping and more) and psychoanalytic therapy. Listening to and reviewing hypnosis tapes, trance scripts and energy techniques. Also, presenting and discussing cases where these techniques are or might be used. In addition, how these techniques can be introduced and integrated into the framework of analytic therapy. Group members have opportunities to practice with each other. This is a seminar involving learning, networking, relaxing, snacking and having fun!

Seminar Leader: Eileen Buese, Ph.D.
301-365-4375

Day/Time/Location: Third Friday of the month.
1:30-3:30pm; Bethesda

Concepts of The Self

Seminar Leader: Ruth Neubauer, MSW
301-652-7884
Day/Time/Location: Third Friday of the month
9:30-11:30am (Sept.-June); Chevy Chase

The Works of Winnicott: Creativity and Potential Space

Seminar Leader: Mildred Goldstone, Ph.D.
202-363-9322
Day/Time/Location: First Friday of the month
1:30-3:30pm; Bethesda

Object Relations Issues in Opera and Classical Music

Seminar Leader: Mildred Goldstone, Ph.D.
202-363-9322
Day/Time/Location: Second Friday of the Month
1:30-3:30pm, Bethesda

Attachment Styles in the Works of Shakespeare

Seminar Leader: Mildred Goldstone Ph.D.
202-363-9322
Day/Time/Location: Fourth Friday of the month
1:30-3:30pm, Bethesda

Therapeutic Action

This year the seminar will focus on Listening and the analytic process. We will read relevant articles and discuss application of this important aspect of psychotherapy.

Seminar Leader: Fonya Helm, Ph.D.
301-229-9120
Day/Time/Location: Monday
1:15-2:45pm, Cabin John

Psychoanalytic Theory and Technique

Seminar Leader: Paula Ellman-Chavis, Ph.D.
301-770-1515
Day/Time/Location: Call Paula for particulars

Gender and Sexualities

The focus of this seminar is reading and discussing *Into the Void: Psychoanalytic Reflections on a Gender-Free Case*, edited by Ellen L.K. Toronto, Gemma Ainslie, Molly Donovan, Maurine Kelly, Christine C. Kieffer and Nancy McWilliams.

This new seminar will begin when at least three people register.

Seminar Leader: Maurine Kelly, Ph.D.
301-649-1896
Day/Time/Location: Call Maurine for particulars

Create Your Own Seminar

Is there a topic area or book you are interested in and would like to explore in depth with colleagues while earning CEU credits? Any WSPSP member can form a seminar group. Included in the procedure is registration with WSPSP, attendance record and distribution of evaluation forms. Please contact Carolyn Cole for more details:
202-232-1031; psych463doc@msn.com

Modern Psychiatry and Traditional Healing in Buddhist Bhutan

An Opportunity for WSPSP Members (Please see below).

Ruth Neubauer and Richard Spector visited Bhutan some months before Richard died suddenly in May, 2007 of a massive heart attack at age 58. While on a cultural tour of the Himalayan kingdom, they had the privilege of spending several hours with Chenchu Dorji, MD., the only psychiatrist in Bhutan. They met with Dr. Dorji at the National Referral Hospital. Dr. Dorji trained in Sri Lanka and spent an extra year practicing in Australia before returning to Bhutan to assume his position at the hospital. This year Dr. Dorji is in the United States (Baltimore) as a Fulbright student. He has graciously agreed to speak with the Washington, DC community about his work bridging the gulf between western psychiatry and Buddhist traditional healing.

Ruth Neubauer has asked for and received WSPSP support in helping to host the local event, tentatively scheduled for January or February, 2008. If you are interested in joining the steering committee planning this event, please e-mail or call Ruth at RuthNeubr@aol.com or 240-432-4080 or 301-652-7884.

Come visit the official WSPSP presence on the world wide web at: <http://www.washpsp.org>.

Membership Dues

Please make sure to promptly return the enclosed Membership Renewal Form and dues. If you know of any colleagues or co-workers who would be interested in joining WSPSP, please feel free to contact a board member and ask for the New Member brochure.

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THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY & PSYCHOANALYSIS

Presents

Reflections on the Moving Along Process: Appreciating the Implicit and Explicit Aspects of Therapeutic Interactions

With

Jacqueline Gotthold, PsyD and Doriene Sorter, PhD
Saturday, September 29, 2007 – 8:30 am to 12:30 pm
Bethesda Pooks Hill Marriott, Bethesda MD

Three CE credit hours will be awarded for full attendance of the program. ICP&P is approved for continuing education credits for psychologists, social workers, and nurses. Please see website for further information concerning our accreditation: www.icpeast.org

Free for ICP&P members, Non-members \$90.00

Register by sending a check along with name, e-mail,
post address and phone number to:

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Washington DC, 20008

For information, call 202-686-9300 ext 4